

Guiltless Pleasures

KETO-FRIENDLY • LOW SUGAR • LOW CARB

COCKTAILS

\$12

Anti-Rita

Casamigos Blanco, Keto Simple Syrup,
Lemonade Sparkling Ice Soda

<1 Net Carb

Fresh-Keto

Malibu Rum, Grapefruit, Lemon Juice

<5 Net Carbs

Strawberry-Basil Delight

Tito's Vodka, Basil, Strawberries,
Kiwi Sparkling Ice Soda

<1 Net Carb

DESSERTS

"Key-To Lime" Bars ✓

\$6

Key Lime Juice, Swerve, Almond Flour Crust

<4 Net Carbs

Mini Chocolate Chip "Whoopie Pies" ✓

\$8

Double Chocolate Chip Cookies, Swerve,
Mascarpone-Cream Cheese Filling

<3 Net Carbs

Keto Cheesecake + Berries ✓

\$10

Almond Flour Crust, Macerated Berries, Swerve,
Whipped Cream

<5 Net Carbs

Dark Chocolate Mousse ✓

\$10

Keto Chocolate Cake, Sugar-Free Chocolate Ganache,
Swerve, Whipped Cream

<3 Net Carbs



IPIC®

Guiltless Pleasures

KETO-FRIENDLY • LOW SUGAR • LOW CARB

ENTRÉES

Spicy Tuna Lettuce Cups \$18

Bibb Lettuce, Avocado, Spicy Aioli, Jalapeños, Scallions, Tobiko,
Daikon Sprouts, Wasabi, Low-Sodium Soy Sauce 0 Net Carbs

Buttermilk Fried Chicken \$19

Almond Flour, Parmesan, Paprika, Cayenne, Garlic + Onion Powder,
Sriracha-Ranch <3 Net Carbs

Caesar Salad Bowl \$12

Romaine Hearts, Keto Parmesan Crisps, House Caesar 0 Net Carbs
Parmesan crisps served on side. <2 Net Carbs

+Grilled Chicken Skewers \$6 0 Net Carbs

+Grilled Steak* Skewers \$12 0 Net Carbs

Angus Burger Lettuce Cups \$17

Bibb Lettuce, Applewood Smoked Bacon, Sharp Cheddar, Tomato,
"Not-So-Secret" Sauce <1 Net Carb

Roasted Veggie Kebabs \$15

Grilled Seasonal Vegetables, Tzatziki Sauce 0 Net Carbs

Steak Skewers* \$24

Grilled Beef Tenderloin Skewers, Seasonal Vegetables,
Cilantro-Lime Sauce <1 Net Carb

+ Surf + Turf | Butter Poached Lobster Claws \$9 0 Net Carbs

Tandoori Chicken Skewers \$17

Cumin-Yogurt Marinade, Grilled Seasonal Vegetables,
Cilantro-Lime Sauce 0 Net Carbs

✓ Vegetarian Option – Ask your server about vegan options and other dietary needs.
If you have a food allergy, please speak to the owner, manager, chef or your server.

*These items may be served raw/undercooked or will be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Price does not include sales tax.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

[Additional nutritional information available upon request.](#)



IPIC®